



松前
Matsumae



上ノ国
Kaminokuni



江差
Esashi



チヤリ旅
みなみ
北海道

CYCLE
TOURISM
SOUTH
HOKKAIDO

*Southernmost
Edition*



木古内
Kikonai



知内
Shiraiuchi



福島
Fukushima



CYCLE TOURISM SOUTH HOKKAIDO



北 海 道
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チャリ旅

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Southernmost
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Jomon, Muromachi, Edo and late Tokugawa periods



A 180 km – cycling trip to enjoy history and culture

The southern Hokkaido area, which long prospered as a trading base, is a rare area in Hokkaido where you can experience the long history and culture from the Paleolithic period to the Muromachi, Edo, and late Tokugawa periods/the Meiji era. Enjoy an exhilarating cycling trip that satisfies intellectual curiosity along a route with fewer hills that goes through both coastal and inland areas.

*Unless otherwise noted, all prices include tax.

*This map information is current as of January 2019. Please note that the information is subject to change.



A Kokomochi

(rice cake)
From 130 yen

Originates from
a Kikonai legend
about a devoted
(koko in Japanese) son

To support his blind father and two sickly brothers, half-blind Tomokichi Kawamata went as far as Shimamaki and Yoichi to sell thin strips of wood. He always had a smile on his face despite being poor, so he earned a reputation as a devoted son and was even commended by the Hokkaido Development Commissioner. In memory of this devoted son from a local legend, Kokomochi has been produced by a local confectioner since its foundation in 1934. This soy-flavored yubeshi rice cake contains walnuts.

Kikonai no Bo Kokomochi Honpo Suehiroan

● Address: Honcho 237, Kikonai ● Hours: 9:00 – 18:00
● Closed: New Year's Day ● Contact: 01392-2-2069



D Oppai Manju (lit. boob bun)

230 yen (2 pieces)

Famous sweet related to a local legendary tree

The giant cedar tree in Shiruichi Park has breast-shaped bumps near its base and is called Ubasugi (lit. nanny cedar) because a woman who didn't have breast milk began producing milk after worshipping the tree. Oppai Manju, which was inspired by the tree, are bite-size buns filled with white bean jam and coated with white chocolate.

Michi-no-Eki Shiruichi

● Address: Yunosato 48-13, Shiruichi
● Hours: 8:30 – 18:00 (Apr. – Oct.); 9:00 – 17:00 (Nov. – Mar.)
● Closed: Apr. – Oct.: no holidays; Nov. – Mar.: Mon. (the following day if Monday is a national holiday), Year-end and New Year holidays
● Contact: 01392-6-2270



E Shiruichi Onsen

Shiruichi

The oldest hot spring
in Hokkaido

This hot spring, which opened in 1247 in the Kamakura period, has a history going back 800 years. A giant dome made of petrified hot-spring mineral deposits and layers of mineral deposits on the floor of the bathrubs and bathroom convey the length of its history. The spring's sodium-chloride/bicarbonate water is known for its beautifying properties.

● Address: Yunosato 287, Shiruichi ● Accommodation: from 8,790 yen
● Day-visit hot spring: adults: 460 yen; children: 330 yen; infants: 220 yen
● Hours: bathing: 7:00 – 21:00 ● Closed: no holidays
● Contact: 01392-6-2341



B Omonai Shrine

(Observatory)

Approach to the sea

Climb over 200 steps to delight in scenic views of the prefectural road that goes straight to the sea beyond the torii gate. There is also a paved road leading to the observatory where you can attempt a steep slope close to a grade of 20%.

● Address: Omonai, Shiruichi ● Closed: Winter
● Contact: Shiruichi Tourism Promotion Organization (01392-6-7510)

C Oyster rice

From 680 yen
(excluding tax)

Springy and milky!

Shiruichi's oysters are cultured in the open sea, which is rare in Japan. Since the oysters are tossed about by the rough waves of the Tsugaru Strait, they don't have a muddy odor, are firm and don't easily shrink when heated. As a result, they receive a high rating. Oyster rice is a luxurious dish made by simmering springy oysters in a sweet sauce and putting them on rice.



Kakigoya Shiruichi Banya

● Address: Omonai 10-15, Shiruichi
● Hours: Sun. – Thu.: 11:00 – 16:00; Fri., Sat.: 11:00 – 14:00, 15:00 – 20:00
● Closed: no holidays ● Contact: 01392-6-7511

Experience
the history of
Hokkaido on this
bicycle trip



F Ino Tadataka Hokkaido Survey Initiation Memorial Park

Japan's mapping started here

Ino Tadataka completed the first map of Japan based on detailed surveying. The survey of Hokkaido started in Fukushima's Yoshioka area. The park was constructed in 2018 to commemorate the 200th anniversary of Ino Tadakata's death.

● Address: Toyohama 68-3, Fukushima
● Contact: Industry Section, Town of Fukushima (0139-47-3004)
(weekdays: 8:30 – 17:00)



G Cape Shirakami

Must-see for farthest-points-of Japan lovers

Cape Shirakami is the southernmost cape in Hokkaido. It's only 19.2 km from Cape Tappi over the sea. It looks as if you could touch the cape across the way if you reach out your hand. Cape Shirakami is a well-known stopover for migratory birds.

● Address: Shirakami, Matsumae, Matsumae-gun



J Michi-no-Eki Kaminokuni Monju Restaurant

What is this ferocious fish with a name derived from "tegui (hand-biting)"?

Flounder is locally referred to as "tekkui" because it is ferocious and bites the hands of fishermen. Enjoy the distinctive crunchy texture and firm white meat, which can be eaten raw (bowl of rice topped with sashimi) or deep fried (bowl of rice topped with tempura).

*Photo: Tekkui Tempura Bowl: 1050 yen

● Address: Harauta 3, Kaminokuni
● Hours (restaurant): 11:00 - 15:00 (all year round)
● Closed (restaurant): Mon. (the following weekday if Monday is a national holiday)
*Subject to temporary closure and shortening of hours; year-end and New Year holidays: Dec. 31 - Jan. 5
● Contact: 0139-55-3955



L Old Nakamura Residence

A merchant family residence conveying the heydays of herring fishing

Inshie Kaido Street is lined with historical buildings that convey the prosperity of Esashi, which is said to have flourished more than Edo thanks to the herring fishing trade. The Old Nakamura Residence, a National Important Cultural Property, symbolizes its prosperity. It is a two-story gabled building made entirely of hinokiasunaro (hiba, a kind of cypress) on a base of Echizen stones, exemplifying a typical structure of wholesaler architecture at the time.

● Address: Nakauta-cho 22, Esashi
● Admission fee: adults: 300 yen, elementary, junior high and high school students: 100 yen
● Hours: 9:00 - 17:00
● Closed: Apr. 1 - end of Oct.: no holidays; Nov. 1 - Mar. 31: Mon., the day following a national holiday, year-end and New Year holidays
● Contact: 0139-52-1617



H Michi-no-Eki Kitamaebune Matsumae Kitamae Shokudo (restaurant)

Exquisite tuna produced by the spirit of fishermen

Matsumae, which faces Tsugaru Strait, is known as Japan's foremost production area for fine tuna. Brand-name Matsumae tuna is produced through quick and careful processing on the ship. Enjoy a set meal of Matsumae tuna—a palatable choice only available here.

● Address: Karatsu 379, Matsumae
● Hours (restaurant): 11:00 - 18:00 (Apr. - Oct.); 11:00 - 15:00 (Nov. - Mar.)
● Closed (restaurant): Apr. - Sep.: no holidays; Oct. - Mar.: Tue. (the following day if Tuesday is a national holiday), year-end and New Year holidays (please inquire)
● Contact: 0139-46-2211



M Gokkatteya Yokan (sweet bean jelly) From 206 yen

A traditional taste also popular with cyclists

In the Edo period, woodcutters called *gokkattekumi* successfully grew beans for the first time in Hokkaido. The beans were used to make sweets that were presented to the lord, who was very pleased. This was the origin of Gokkatteya Yokan, the production of which began in 1870 based on the confectioner's long tradition and efforts. It has been made using the same method ever since. This yokan in a cylindrical container, which is designed to keep your hands clean, is ideal as an energy supplement during cycling.

Gokkatteya Honpo
● Address: Honcho 38, Esashi ● Hours: 8:00 - 19:00 (Sun.: 8:00 - 18:30)
● Closed: only New Year's Day ● Contact: 0139-52-0022



O Kaiyomaru Memorial Museum

Life-size model of the strongest warship in the late Tokugawa period

Kaiyo Maru is an enormous battleship stranded and sunk off Esashi, although it had been expected to be used as a trump card for the former Shogunate forces in the Boshin War. The ship, which has been precisely reproduced based on design drawings stored in the Netherlands, serves as a museum where visitors can not only view excavated relics and dioramas showing events at the time but also experience maneuvering simulations.

● Address: Ubagami-cho 1-10, Esashi, Hiyma-gun Hours: 9:00 - 17:00
● Closed: Mon. (the following day if Monday is a national holiday) (Nov. - Mar.); Dec. 31 - Jan. 5
● Admission fee: adults: 500 yen; elementary, junior high and high school students: 250 yen
● Contact: 0139-52-5522

I Matsumae Castle

Hokkaido's only Japanese-style castle

Matsumae Castle was built in 1854 as Japan's last Japanese-style castle. It survived the Boshin War and the Pacific War, and was designated as a National Treasure in 1941, but was destroyed by fire in 1949. The current castle tower was rebuilt in 1961. One of Japan's Top 100 Castles.

● Address: Matsushiro, Matsumae
● Hours: 9:00 - 17:00 (last admission: 16:30)
● Closed: Dec. 11 - Apr. 9
● Admission fee: adults: 360 yen; elementary and junior high school students: 240 yen
● Contact: the castle (0139-42-2216)



K Mt. Iou Katsuyama Castle Guidance Facility

The northern king lived on this mountain during the Muromachi period

Katsuyama Castle, the residence of Takeda Nobuhiro, who built the foundation of the Matsumae Domain, was built on Mt. Iou. It was a mountain where the "king of Hokkaido," which was called Ezogashima at the time, lived. The guidance facility exhibits a 1/200 reconstruction model of Katsuyama Castle and excavated articles.

● Address: Katsuyama 427, Kaminokuni
● Hours: 10:00 - 16:00
● Closed: mid-Nov. - early Apr.: Mon. (the following day if Monday is a national holiday), the day following a national holiday
● Admission fee: adults: 200 yen; elementary school students: 100 yen (20% discount for groups)
● Contact: 0139-55-2400

N Esashi Oiwake Kaikan

History of symbiosis with Ainu culture

Esashi Oiwake is a song of life that was conveyed by the watermen of the Kitamae ship and polished in the climate of Esashi. Women gracefully dance along to the song, and Ainu patterns are applied to the costumes for the Esashi Oiwake dance. It is not known why Ainu patterns are used, but you can see the close relationship between Esashi and Ainu culture.

● Address: Nakauta-cho 193-3, Esashi
● Hours: 9:00 - 17:00
● Closed: Apr. - Oct.: no holidays; Nov. - Mar.: Mon. (the following day if Monday is a national holiday), year-end and New Year holidays
● Admission fee: adults: 500 yen; elementary, junior high and high school students: 250 yen
● Contact: Oiwake Sightseeing Section (0139-52-6716)



P Ikarinkan

Experience 14,000 years of history

Pottery and clay figurines excavated from 61 archeological sites in Kikonai, anchors and other items presumed to belong to the Kanrin Maru warship and other valuable exhibits can be seen here for free of charge. Exhibits related to railways such as the former Esashi Line are also popular.

● Address: Tsuruoka 74-1, Kikonai
● Admission fee: free Hours: 9:00 - 16:00
● Closed: Mon. (the following day if Monday is a national holiday), year-end and New Year holidays
● Contact: Folk Museum (01392-2-4366)



CYCLE TOURISM SOUTH HOKKAIDO



Cycling Port & Cycle Rest

The Cycling Port & Cycle Rest facilities located along the Cycle Tourism South Hokkaido route offer encouragement and support for bicycle trips such as the lending of bicycle pumps and simple tools as well as the sale of inner tubes.

*Only cycle racks are available at the Seikan Tunnel Museum in Fukushima Town.

- 1 Michi-no-Eki (Roadside Rest Area) Misogi-no-sato Kikonai
- 2 Michi-no-Eki Shiriuchi
- 3 Michi-no-Eki Yokozuna-no-Sato Fukushima
- 4 Michi-no-Eki Kitamaebune Matsumae
- 5 Michi-no-Eki Kaminokuni Monju
- 6 Esashi Sea Station
- 7 Michi-no-Eki Assabu
- 8 Michi-no-Eki Route 229 Gennadai
- 9 Okukishiri Island Ferry Terminal
- 10 Seikan Tunnel Museum in Fukushima Town

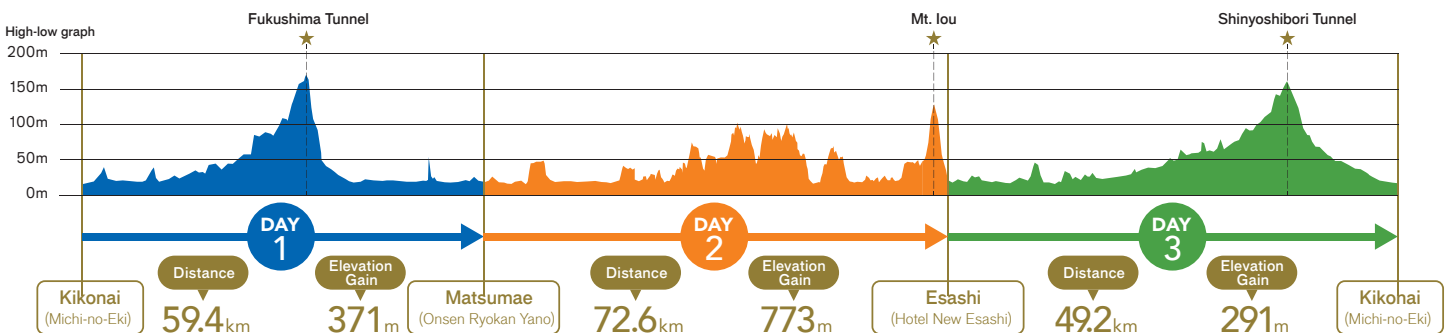


Cycling trip itinerary plan

This plan is for a two-night, three-day trip, but you could also plan a one-night, two-day trip or a three-night, four-day trip. Tailor your plan as you like depending on your leg strength and amount of time available to tour the facilities.

Ride with GPS

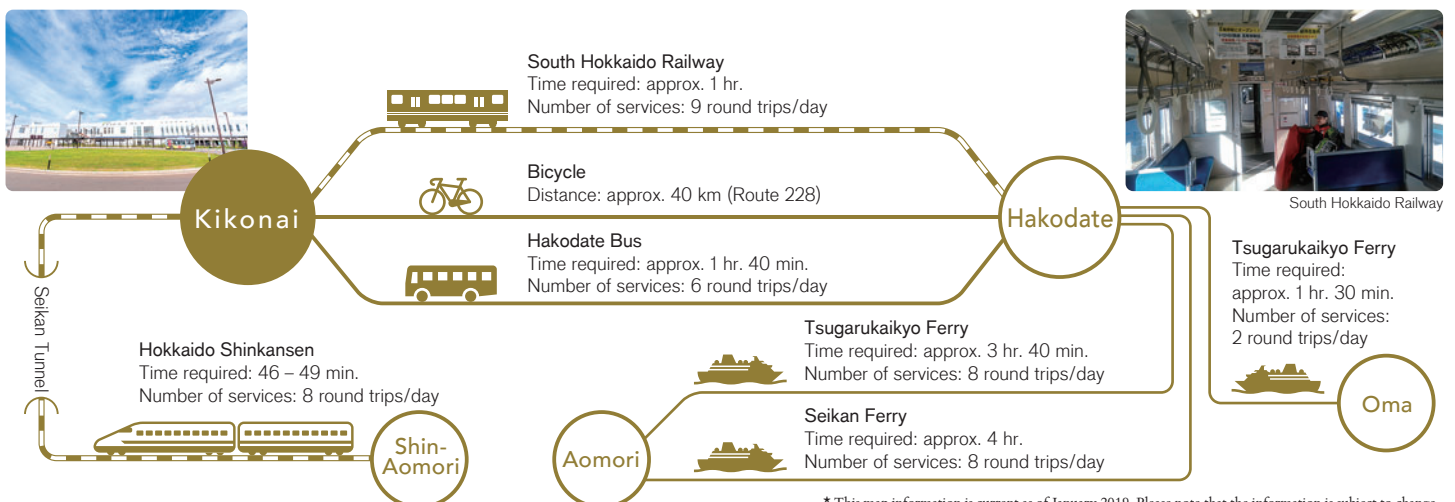
<https://ridewithgps.com/routes/29035551>



*The map and GPS data are from the 2018 tour. Decide your base point and make arrangements for accommodations as you like.



Access to the departure/arrival point (Kikonai Station)



* This map information is current as of January 2019. Please note that the information is subject to change.



チャリ旅
みなみ
北海道

History/Culture-based South Hokkaido Cycle Tourism Promotion Council

Hokkaido Development Engineering Center Hakodate Satellite, Goryokaku-cho 31-8, Hakodate, Hokkaido, 040-0001

<https://cycletourism-southhokkaido.org>

Cycle Tourism South Hokkaido

WEB

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